

Learn and Leap

Learning for life

Learn and Leap aims to support the learning and development of students and young people in the Sunbury and surrounding regions.



We also aim to assist parents, through their journey of supporting a child(ren) who are often struggling with a learning difficulty such as ADHD, Dyslexia, Autism (and many more) and varying degrees of literacy and language deficits.

Our core programs are:

- Little Learners Love Literacy (for 3-4 year old children)
- School Ready (4+ years)
- Early Numeracy
- Tutoring/Coaching in literacy and numeracy to Year 12
- Parent information sessions

PROGRAM STRUCTURE & FEES PAYABLE

Pre-program Assessment

\$120 payable at time of assessment.

Stages 1, 2 and 3 total 19 lessons.

However, the spread of these lessons will be determined by the needs of the students involved. The recommended number of sessions are as follows:

Stage 1: 10 sessions

Stage 2: 5 sessions

Stage 3: 4 sessions

Cost:

\$80 per session (1.5 hours)

50% payable prior to commencement of each stage of the program. The balance payable at the half-way mark.

Post-program Assessment

\$70 payable at the time of the assessment.



Email: info@learnandleap.com.au

www.learnandleap.com.au

Phone: 0414 432 158

*Learning
for life*



PAL Program

(PAL) Phonological Awareness
for Literacy

Primary School Students

Now in
Gisborne & Sunbury



Phone: 0414 432 158

What is the PAL Program?

PROGRAM OVERVIEW

The PAL Program (Phonological Awareness for Literacy) is an evidenced-based program developed by The University of Queensland, in consultation with clinical Speech Pathologists, Occupational Therapists and teachers.

PAL develops students' phonological awareness skills and shows them explicitly how to use these skills in relation to reading and spelling. The program can be used flexibly, according to the student's real word reading ability.

The program consists of 19 sessions, split over three stages:

1. Simple words (letters/sounds, consonants, short vowels, long vowels, reading and spelling steps and strategies, support for handwriting and related concerns)
2. Complex words (initial consonant clusters, final consonant clusters, magic e, advanced consonant clusters, advanced rules)
3. Multi-syllabic words (pre-fixes and suffixes, 3 syllables, 4 syllables and 5 syllables, fine tune spelling skills).

OBJECTIVES OF THE PROGRAM

1. Improve phonological awareness and its application to reading and spelling;
2. Ensure automatic sound-letter links for consonants (including digraphs such as 'th'), short vowels (e.g. 'a', 'i') and long vowels (e.g. 'ie', 'oi', 'au');
3. Improve spelling and reading of single words, including both single syllable and multi-syllabic words;
4. Address sensory-motor issues and maximise the ability of students to:
 - Maintain their alertness and attention in sessions
 - Maintain upright sitting postures
 - Write more easily and quickly
5. Create a supportive environment that empowers the student to develop their own literacy skills; create a sense of achievement, and increase motivation to continue to learn outside of the PAL sessions.

The sessions are small group, with some 1:2 activities provided. The sessions are intensive and explicit. There is a small amount of home learning required each week.

SUNBURY PROGRAM DETAILS

When & Where?

The PAL Program will be held in Gisborne, each Saturday morning from 9.30am to 11am. Contact Learn and Leap for more information.

Assessments?

We undertake pre-assessments to ensure a fit to the program and to identify areas of need.

Post-assessments gauge any progress made during the program and identify any areas of focus which may be recommended to schools and parents.

Previous assessments should be provided at the time of registration.

Who can participate?

The program is open to primary school children who are struggling with reading and spelling. It will be especially useful for Year 2, 3 and 4 students. A learning difficulty diagnosis is not necessary, although there will be a need for some evidence of difficulties in literacy and/or language.

Who is the leader of the program?

The leader of the program is Sonia Marson, Speech and Language Pathologist. Sonia has a wealth of experience in private practice and working within the Child and Mental Health Service campuses of the Royal Children's Hospital. Her understanding and compassion with regard to learning difficulties is wonderful. She is able to engage and encourage students to tackle the things they find difficult in fun ways.

